

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Shabbat Shalom 9:15- Orthodox Synagogue Services (WS)
2 	3 Canada Day STAT HOLIDAY (No Programs) 	4 9:00 1:1 TR Visits (on units) 10:30 Jewish Education (A2 RR) 11:00 Music Therapy - referral only (GS) 1:30 Brain Games (RR) 3:00 Canada Day celebration (SG) 3:30 Games Hour (RR)	5 10:30 Gentle Fitness (RR) 11:00 1:1 TR Visits (on units) 1:30 Music Appreciation (RR) 2:00 Canada Day Trivia (WAG) 3:30 1:1 TR Visits (on units)	6 Fast of Tammuz 10:00 Gentle Fitness (RR) 10:30 Concert (WG) 1:30 Art Cart (EI) 1:30 Bingo (RR) 2:00 Active Games (SG) 4:15 Mincha (A2 RR)	7 10:45 Community Shabbat w/ Rabbi Rena (WG) 1:30 Gentle Fitness (RR) 2:30 1:1 Shabbat Blessings (on units)	8 Shabbat Shalom 9:15- Orthodox Synagogue Services (WS)
9 10:00 Ladies Spa (RR) 1:30 Concert (WG)	10 Outing 11:15 Gentle Fitness (RR) 1:30 Buddy's Glee Club (A3 RR) 1:30 Ice Cream Social (RR Balcony) 2:00 Active Games (SG) 3:00 Arm Chair Travel (RR) 4:00 Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR) 6:00 Documentary (A2 RR)	11 9:00 1:1 TR Visits (on units) 10:30 Jewish Education (A2 RR) 11:00 Music Therapy - referral only (GS) 1:30 Hot Fun in the Summer Concert (RR) 1:30 Russian Group (LH) 3:30 Bingo A2/A3 (LH) 3:30 Games Hour (RR) 6:00 Game Show (A2 RR)	12 10:30 Gentle Fitness (RR) 11:00 Drum Circle (RR) 1:30 Music Appreciation (RR) 2:00 Ice Cream Social (WAG) 3:30 1:1 TR Visits (on units)	13 10:00 Gentle Fitness (RR) 10:30 Concert (WG) 1:30 Art Cart (EI) 1:30 Bingo (RR) 3:00 Musical Memories Discussion Group (LH) 4:15 Mincha (A2 RR) 6:15 Rummy Q (RR)	14 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 1:1 Shabbat Blessings (on units) 2:30 Baking Club (A2 RR)	15 Shabbat Shalom 9:15- Orthodox Synagogue Services (WS) 10:00 Montessori Cart (Rotating Floors) 2:00 Outdoor Scavenger Hunt (SG)
16 1:00 Board Games Drop-in (WAG)	17 10:30 Photography in the Garden (SG) 10:30 Gentle Fitness (RR) 11:00 1:1 TR Visits (on units) 1:30 Buddy's Glee Club (A3 RR) 1:30 Movie Matinee (JT) 2:00 Montessori Madness SG 3:00 Camera Presentation (WG) 4:00 Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR) 6:00 Documentary (A2 RR)	18 9:00 1:1 TR Visits (on units) 10:30 Jewish Education (A2 RR) 11:00 Music Therapy - referral only (GS) 12:00 3 GS BBQ (WAG) 1:30 Brain Games (RR) 1:30 Residents' Council (A2 RR)	19 10:00 Aromatherapy - by invite only (SG) 10:30 Gentle Fitness (RR) 11:00 1:1 TR Visits (on units) 1:30 Music Appreciation (RR) 3:30 1:1 TR Visits (on units) 6:10 Classical Music w/ Howard (A2 RR)	20 10:00 Gentle Fitness (RR) 10:30 Concert (WG) 1:30 Art Cart (EI) 1:30 Bingo (RR) 2:00 Fun with Drums (LH) 4:15 Mincha (A2 RR) 6:00 Art Creation (A5 RR) 6:15 Rummy Q (RR)	21 10:45 Community Shabbat w/ Rabbi Rena (WG) 1:30 Gentle Fitness (RR) 2:30 1:1 Shabbat Blessings (on units)	22 Shabbat Shalom 9:15- Orthodox Synagogue Services (WS)
23	24 11:15 Gentle Fitness (RR) 1:30 Buddy's Glee Club (A3 RR) 2:00 Montessori Madness SG 3:00 Arm Chair Travel & Ice Cream Social (RR) 4:00 Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR) 6:00 Happy Hour Club (WAG)	25 9:00 1:1 TR Visits (on units) 10:30 Garden Photo Display (WG) 10:30 Jewish Education (A2 RR) 11:00 Music Therapy - referral only (GS) 1:30 Birthday Concert (RR) 1:30 Russian Group (LH) 3:00 Tuck Cart (A3 Hallway) 3:30 Games Hour (RR) 6:00 Game Show (A2 RR)	26 10:30 Gentle Fitness (RR) 11:00 Drum Circle (RR) 1:00 Blue Jays vs. Yankees (JT) 1:30 Music Appreciation (RR) 3:30 1:1 TR Visits (on units) 3:30 Tisha B'Av Reading A5RR 6:00 Poetry Group (WA)	27 10:00 Gentle Fitness (RR) 10:45 Eichah Reading/Lamentations (RR) 1:30 Art Cart (EI) 1:30 Bingo (RR) 2:00 Summer Social: Welcome Tea (SG) 4:15 Mincha (A2 RR) 6:15 Rummy Q (RR)	28 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 1:1 Shabbat Blessings (on units) 3:00 Jewish sing along (WG)	29 Shabbat Shalom 9:15- Orthodox Synagogue Services (WS)
30 10:30 Ladies Spa (RR) 1:30 Movie Matinee (RR) 2:00 Karaoke (WA)	31 10:30 Digital Gallery: Claude Monet - A2/A3 (WG) 11:15 Gentle Fitness (RR) 1:30 Buddy's Glee Club (A3 RR) 1:30 Ice Cream Social (RR Balcony) 3:00 Museum on Wheels (RR) 4:00 Torah Study (A2 RR) 4:30 Mincha (A2 RR) 6:00 Happy Hour-(WAG)	<p>Program Location Legend</p> <ul style="list-style-type: none"> RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway WG = Winter Garden WA = WA Cafe WAG = WA Cafe Garden JT = Jacob Theatre LH = Loftus Hall WS = Wolinsky Synagogue 				