



# HOW DO I LOG INTO THE LMS ?

Baycrest

Course Catalogue Help English

FOLLOW BAYCREST

**The Brain Project**  
100 Brains, 50 Locations in Toronto, 1 Important Cause

**the brain project**  
presented by TELUS

**STEP 1:**  
**CLICK LOGIN**

Education at Baycrest

Education is a key component of the new Baycrest Health Sciences model introduced this year. Under our new five year Education Strategic Plan, Baycrest is organizing and integrating the different components of our education enterprise within our Centre for Education & Knowledge Exchange in Aging. Through its local and globally focused educational efforts, Baycrest is striving to be the world's pre-eminent distributor of knowledge regarding best and leading-edge practices in senior care and aging solutions.

WE'RE HERE TO HELP! [ELearning@baycrest.org](mailto:ELearning@baycrest.org)

THE MEMORY AND AGING PROGRAM

Older adults notice changes in their memory such as forgetting the name of someone they know, misplacing their keys or wallet, or forgetting to do things they intended to do. These memory mistakes can be a source of significant concern and inconvenience. Many older adults are not clear whether these changes are normal and are therefore looking for practical solutions to help them cope better in their day-to-day lives.

The Memory and Aging Program is an evidence-based education and intervention program for older adults experiencing normal age-related memory changes. Through interactive lectures, discussion, and practical exercises participants learn about memory changes that occur with age - what's normal and what's not - and what can be done to improve memory. Over 1,000 older adults have participated in the face-to-face program at Baycrest. In the current project we will develop an online version of the program.

To date this program has been shown to provide participants with educational value by increasing their "toolbox" of memory skills and strategies while at the same time easing concerns by increasing a sense of normalcy. Further, through participation in the program participants have become motivated to make brain-healthy lifestyle choices. The implementation of an on-line version of the program will increase the flexibility of programming and expand the outreach to a broader audience.

CC\_ABHI  
**Canadian Centre for Aging & Brain Health Innovation**

The Canadian Centre for Aging and Brain Health Innovation (CC-ABHI) at Baycrest Health Sciences in Toronto, Canada, is the result of the largest investment in brain health and aging in Canadian history.

CC-ABHI is a solution accelerator, helping drive innovation in the aging and brain health sector. Our first-of-its-kind partnership of health care, science, industry, and government experts is a hub for the design and development of innovations helping older adults age safely in the setting of their choice, while maintaining cognitive, emotional, and physical well-being longer.

Innovation in this sector is vital in order to address the growing demographics of an aging population, brain health, and seniors' care needs. CC-ABHI will make a positive impact in this sector by supporting collaborations between leading seniors' care organizations in North America and global innovators with promising solutions in medical devices, therapeutic approaches, emerging technologies, wellness and digital health solutions, health-care delivery practices, and professional/manager training and support.

Baycrest

Course Catalogue Help English

FOLLOW BAYCREST

Returning to this web site?

Username

Password

Remember username

Log in

Forgotten your username or password?

Cookies must be enabled in your browser

Some courses may allow guest access

Log in as a guest

**STEP 2: TYPE**

**USERNAME: your employee ID**

**PASSWORD: password**

Baycrest

Course Catalogue Help English

FOLLOW BAYCREST

Returning to this web site?

Username

Password

Remember username

Log in

Forgotten your username or password?

Cookies must be enabled in your browser

Some courses may allow guest access

Log in as a guest

**STEP 3:**  
**CLICK LOGIN**

Is this your first time here?

If you are new to courses you'll need to take a minute to create a new account for yourself on this site. Some individual courses may also have a one-time "enrolment key", which you won't need if you are already logged in. Here are the steps:

1. Click on the [New Account](#) form with your details.
2. Your account will be immediately sent to your email address.
3. Check your email, and click on the web link it contains.
4. Your account will be confirmed and you will be logged in.
5. Select the course you want to participate in.
6. If you are prompted for an "enrolment key" - use the one that your teacher has given you. This will allow you to access the course.
7. You can now access the full course. From now on you will only need to enter your personal username and password (in the form on this page) to log in and access any course you have enrolled in.

Create new account