

September 2023

A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | <p>Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway JT = Jacob Theatre LH = Loftus Hall SG = Secure Garden</p> | <p>Program Location Legend WS = Wolinsky Synagogue JT = Jacob Theatre WAG = WA Cafe Garden Bal = Balcony</p> | <p>Sweet Joyful Healthy Inspiring NEW YEAR Meaningful Fun Happy</p> | <p>1</p> <p>10:00 Let's Reminisce (Rotating) 10:30 CA-Art Program (A6GS) 10:45 Community Shabbat (WG) 11:00 Outing 2:00 Baking Club (A2 RR) 2:00 Welcoming Shabbat - RR</p> | <p>2</p> <p>Shabbat Shalom 9:15 Orthodox Synagogue Services (WS)</p> |
| <p>3</p> <p>B'NAI ISRAEL HIGH HOLIDAYS 2023/5784</p> | <p>4</p> <p>Labour Day Holiday No Programs</p> | <p>5</p> <p>10:30 Gentle Exercise (GS) 11:00 Sing Along (RF) 11:00 Sing Along (EI) 1:30 Concert W/ Richard (RR) 1:30 CA-Music Appreciation (A6EI) 1:30 Hebrew Group (LH) 6:00 Game Show (A2 RR) 6:00 Reminiscing (RF)</p> | <p>6</p> <p>10:30 Aromatherapy (Rotating) 10:30 Travel (EI) 11:00 Garden Visits 11:35 Move to music (GS) 1:30 Bingo (RR) 3:00 Musical Memories (LH) 3:30 Outdoor program (WA G) 6:00 Spa hour (all units)</p> | <p>7</p> <p>10:00 Sensory Cart (Rotating) 10:30 WG Concert 1:30 Russian Group (LH) 2:00 Rosh Hashanah Art (RR) 3:00 Pet Visits (LH)</p> | <p>8</p> <p>10:00 Let's Reminisce (Rotating) 10:30 1:1 TR on Units 10:30 CA-History of Sports (A6GS) 2:00 Welcoming Shabbat (RR) 3:00 Jewish Sing Along (WG) 3:30 Outdoor program (6Bal)</p> | <p>9</p> <p>Shabbat Shalom 9:15 Orthodox Synagogue Services (WS)</p> |
| <p>10</p> <p>10:30 Brain Games - RR 1:30 Sunday Concert (WG) 3:30 1:1 TR on Units</p> | <p>11</p> <p>10:30 Gentle Exercise, (RF, EI) 10:30 Sing Along (GS) 11:00 CA - Music Therapy (6GS) *referral only 11:00 Music with Rachel (LH) 1:30 Buddy's Glee Club (A3RR) 2:00 Documentary (RR) 2:30 Active Games (SG) 3:00 Ask the Rabbi (RR) 6:10 Movie Musical (LH)</p> | <p>12</p> <p>10:30 Gentle Exercise (GS) 11:00 Friendship Club (WG) 11:00 Sing Along (RF) 3:00 CA-Museum on Wheels (A6RR) 3:30 Bingo A4/A5 (LH) 6:00 Art Creation (A4 RR) 6:00 Reminiscing (EI)</p> | <p>13</p> <p>10:30 Montessori Cart (Rotating) 10:30 Travel (GS) 11:00 Garden Visits 11:35 Move to music (GS) 1:30 Bingo (RR) 3:00 Musical Memories (LH) 3:30 Outdoor program (WA G) 6:00 Poetry Group (WA) 6:00 Spa hour (all units)</p> | <p>14</p> <p>10:00 Sensory Cart (Rotating) 10:30 WG Concert 2:30 Drum Circle (RR) 3:00 Rosh Hashanah Social (LH) 3:45 Aromatherapy (on units)</p> | <p>15</p> <p>10:30 1:1 TR on Units 10:30 Baking Cub (A7 RR) 10:30 CA-Art Appreciation (A6GS) 2:00 Welcoming Shabbat - RR 3:00 Rosh Hashanah Stories (SG) 3:30 Outdoor program (6Bal)</p> | <p>16</p> <p>Rosh Hashanah - Shana Tova! 9:45 Orthodox Service (WS) 10:00 Conservative Service (WH) 10:00 Reform Service (WG) 2:00 Montessori Cart (rotating)</p> |
| <p>17</p> <p>Rosh Hashanah - Day 2 9:45am Orthodox Service (WS) 10:00 Conservative Service (WH) 10:00 Reform Service (WG)</p> | <p>18</p> <p>10:30 Gentle Exercise, (RF, EI) 10:30 Sing Along (GS) 11:00 CA - Music Therapy (6GS) *referral only 1:30 Buddy's Glee Club (A3RR) 1:30 CA-Making History (A6 RR) 2:00 Documentary (RR) 2:30 Montessori Madness (LH) 3:00 Ask the Rabbi (RR) 6:00 Happy Hour Club (WA)</p> | <p>19</p> <p>10:30 Gentle Exercise (GS) 11:00 Friendship Club (WG) 11:00 Sing Along (EI) 1:30 Concert W/ Richard (RR) 1:30 Residents' Council (A2 RR) 1:30 Russian Group (LH) 3:00 CA-From The Vaults (A6RR) 3:30 Bingo A6/A7 (LH) 6:00 Game Show (A2 RR) 6:00 Reminiscing (RF)</p> | <p>20</p> <p>10:30 Aromatherapy (Rotating) 10:30 Travel (RF) 11:00 Garden Visits 11:35 Move to music (GS) 1:30 Bingo (RR) 3:00 Musical Memories (LH) 3:30 Outdoor program (WA G) 6:00 Spa hour (all units)</p> | <p>21</p> <p>10:00 Sensory Cart (Rotating) 10:30 WG Concert 1:30 Rosh Hashanah L'Chaim Party (RR) 3:30 High Holiday Trivia (LH) 6:00 Poetry Group (WA)</p> | <p>22</p> <p>10:00 Let's Reminisce (Rotating) 10:30 1:1 TR on Units 10:30 CA-Art Program-(A6GS) 1:30 Community Shabbat (WG) 3:30 Outdoor program (6Bal)</p> | <p>23</p> <p>Shabbat Shalom 9:15 Orthodox Synagogue Services (WS) 10:30 1:1 TR on Units 2:00 Outdoor program</p> |
| <p>24</p> <p>Kol Nidre 1:30 My Wish for the New Year (LH) 6:45 Orthodox Service (WS) 6:45 Conservative Service (WH)</p> | <p>25</p> <p>Yom Kippur 9:45 Orthodox Service (WS) 10:00 Reform Service (WG) 10:00 Conservative Service (WH)</p> | <p>26</p> <p>10:30 Gentle Exercise (GS) 11:00 Sing Along (RF) 2:00 Trivia (RR) 2:30 Digital Gallery: Jewish Artists A6/A7 (WG) 3:00 Tuck Shop (A6 Hallway) 6:00 Reminiscing (GS)</p> | <p>27</p> <p>10:30 Montessori Cart (Rotating) 10:30 Travel (EI) 11:00 Garden Visits 11:35 Move to music (GS) 1:30 Bingo (RR) 3:00 Musical Memories (LH) 3:30 Outdoor program (WA G) 6:00 Poetry Group (WA) 6:00 Spa hour (all units)</p> | <p>28</p> <p>10:00 Sensory Cart (Rotating) 10:30 WG Concert 2:30 Virtual Reality (on units) 3:00 Fun with Drums (LH) 6:00 Art Creation (A5 RR)</p> | <p>29</p> <p>10:00 Let's Reminisce (Rotating) 10:30 1:1 TR on Units 2:00 Welcoming Shabbat - RR 3:00 Jewish Sing Along (WG) 3:30 Outdoor program (6Bal)</p> | <p>30</p> <p>Sukkot 9:15am Orthodox Service (WS) 2:00 Reform Service (WG)</p> |

For Programming related inquiries, please contact Recreationists: Vivian Han (ext. 2242) and Hamid Karimi (ext. 3843)