

A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Sukkot</b> 9:15 Orthodox Service (WS) 9:15 Conservative Service (WH) 2:00 Music with Rachel (Rotating)	<b>2</b> 10:30 1:1 TR on Units 10:30 Gentle Exercise, (RF, EI) 11:00 Sukkot Social (SG Sukkah) 11:00 CA - Music Therapy (A6GS) *referral only 1:30 Buddy's Glee Club (A3RR) 2:00 Documentary (RR) 3:00pm Storytelling (A6 RR) 4:00pm Torah Study (A2 RR)	<b>3</b> 10:30 Gentle Exercise (GS) 11:00 Sing Along (EI) 1:30 Concert (WG) 3:00 Sing Along (RF) (GS) 6:00 Reading (EI)	<b>4</b> 10:30 Aromatherapy (Rotating) 10:30 Travel (RF) 11:00 Garden Visits 11:35 Move to music (GS) 1:30 Bingo (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 6:00 Spa hour (all units)	<b>5</b> 10:30 WG Concert 11:00 A6 Sukkah Visit 1:30 Russian Group (LH) TBD 1:30 Sensory Cart (All units) 3:00 Travel (EI) (GS) - RR 6:00 Poetry Group (WA)	<b>6</b> 10:00 Let's Reminisce (Rotating) 10:30 Aromatherapy (on units) 10:30 CA Art Program (A6RR) 10:45 Community Shabbat (WG) 1:30 Virtual Reality (RR) 3:00 Let's Give Thanks(giving)! (LH)	<b>7</b> <b>Shemini Atzeret</b> 9:15 Orthodox Service (WS) 9:15 Conservative Service (WS) 2:00 Reform Service (WG)
<b>8</b> <b>Simchat Torah</b> 9:15 Orthodox Service (WS) 9:15 Conservative Service (WH)	<b>9</b> <b>Thanksgiving</b> <b>Statutory Holiday</b>	<b>10</b> 10:30 Gentle Exercise (GS) 11:00 Friendship Club (A4 RR) 11:00 Sing Along (EI) 2:00 CA-Museum on Wheels (A6RR) 3:00 Sing Along (RF) 6:00 Reading (GS)	<b>11</b> 10:30 Travel (EI) 11:00 Garden Visits 11:35 Move to music (GS) 1:30 Concert (A6RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 6:00 Poetry Group (WA) 6:00 Spa hour (all units)	<b>12</b> 10:00 Sensory Cart (Rotating) 10:30 WG Concert 1:30 Bingo (RR) 2:30 Active Games (WG) 3:00 Bible Study (A4 RR)	<b>13</b> 10:30 Aromatherapy (on units) 10:30 CA-Art Program (A6RR) 2:00 Welcoming Shabbat - RR 3:00 Jewish Sing Along (WG) 3:00 Virtual Reality (RR)	<b>14</b> 
<b>15</b> 10:30 1:1 TR on Units - RR 1:30 Trivia - RR 3:30 Puzzles (on units)	<b>16</b> 10:30 Gentle Exercise, (RF, EI) 11:00 CA - Music Therapy (A6GS) *referral only 1:30 Buddy's Glee Club (A3RR) 2:00 Documentary (RR) 2:30 Active Games (WG) 3:00pm Storytelling (A6 RR) 4:00pm Torah Study (A2 RR)	<b>17</b> 10:30 Gentle Exercise (GS) 11:00 Friendship Club (LH) 1:30 Residents' Council (A2 RR) 3:00 Creative Arts (A6RR) 6:00 Student Concert (WG)	<b>18</b> 10:30 Montessori Cart (Rotating) 11:00 Garden Visits 11:35 Move to music (GS) 1:30 Bingo (RR) 1:30 Musical Memories (A6GS) 3:00 Canada's National Ballet - Dance Class (The Nosh) 4:00 Israel Defense Forces Concert (WG) 6:00 Spa hour (all units)	<b>19</b> 10:30 WG Concert 1:30 Sensory Cart (All units) 2:00 Hands on Exotics (WG) 3:00 1:1 TR on Units 6:00 Poetry Group (WA)	<b>20</b> 10:45 Community Shabbat (WG) 1:30 Movie Matinee (RR) 2:00 Baking Club (A2 RR) TBD 3:30 1:1 TR on Units	<b>21</b> 1:00 Holy Blossom Games (A2RR) <b>Shabbat Shalom</b> 9:15 Orthodox Synagogue Services (WS)
<b>22</b> On this day in history <b>1797 First Person to Jump With a Parachute</b>	<b>23</b> 10:30 Gentle Exercise, (RF, EI) 11:00 CA - Music Therapy (A6GS) *referral only 1:30 Buddy's Glee Club (A3RR) 2:00 Documentary (RR) 2:30 Active Games (WG) 3:00pm Storytelling (A6 RR) 4:00pm Torah Study (A2 RR) 6:00 Happy Hour Club (WA)	<b>24</b> 10:30 Gentle Exercise (GS) 11:00 Community Drum Circle (WG) 1:30 LGBT+ History Month Education (A2RR) 2:00 CA-Making History (A6RR)	<b>25</b> 10:30 Aromatherapy (Rotating) <b>10:30 Outing (AGO)</b> 11:00 Garden Visits 1:30 Music w/ Rachel (RR) 1:30 Musical Memories (A6EI) 3:00 Canada's National Ballet - Dance Class (The Nosh) 6:00 Poetry Group (WA)	<b>26</b> 10:00 Sensory Cart (Rotating) 10:30 WG Concert 1:30 Concert (A6RR) 3:00 Welcome Tea (LH) 3:00 Bible Study (A4 RR)	<b>27</b> 10:00 Let's Reminisce (Rotating) 10:30 CA Music Appreciation (A6RR) 2:00 Welcoming Shabbat - RR 3:00 Jewish Sing Along (WG) 3:30 1:1 TR on Units	<b>28</b> <b>Shabbat Shalom</b> 9:15 Orthodox Synagogue Services (WS) 10:30 1:1 TR on Units 2:00 Storytelling (RR)
<b>29</b> 10:30 Fall Decorating (LH) 1:30 Sunday Concert (WG)	<b>30</b> 10:30 Gentle Exercise, (RF, EI) 11:00 CA - Music Therapy (A6GS) *referral only 11:00 Music with Rachel (LH) 1:30 Buddy's Glee Club (A3RR) 2:00 Documentary (RR) 3:00pm Storytelling (A6 RR) 4:00pm Torah Study (A2 RR)	<b>31</b> 10:30 Gentle Exercise (GS) 11:00 Friendship Club (LH) 3:00 Creative Arts (A6RR) 3:30 Bingo A6/A7 (LH) 6:00 Happy Hour (WAG)	<b>Program Location Legend</b> <b>WS</b> = Wolinsky Synagogue <b>JT</b> = Jacob Theatre <b>WAG</b> = WA Cafe Garden <b>Bal</b> = Balcony	<b>Program Location Legend</b> <b>RR</b> = Recreation Room <b>EI</b> = Elmgrove/Ivywood <b>RF</b> = Redbird/Floral Place <b>GS</b> = Goldenlane/Stoneway <b>JT</b> = Jacob Theatre <b>LH</b> = Loftus Hall <b>SG</b> = Secure Garden		

For Programing related inquiries, please contact Recreationists: Vivian Han (ext. 2242) and Hamid Karimi (ext. 3843)