

November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway WG = Winter Garden WA = WA Cafe JT = Jacob Theatre LH = Loftus Hall WS = Wolinsky Synagogue WH = Wortsman Hall</p>			<p>1</p> <p>10:30 Gentle Fitness (RR) 1:30 Music Appreciation (RR) 1:30 Musical Memories (A7GS) 3:00 Canada's National Ballet - Dance Class (The Nosh) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)</p>	<p>2</p> <p>10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 1:30 Montrealer's Group (A5RR) 4:30 Mincha (A2 RR) 6:15 Rummy Q (RR)</p>	<p>3</p> <p>10:00 Let's Reminisce (Rotating) 10:30 Gentle Fitness (RR) 11:00 CA-Righteous Among Nations Holocaust Education and Guest Speakers (Silverman Garden) 1:30 Community Shabbat (WG) 2:30 Shabbat Blessings (on units) 2:30 Just For Laughs (RR)</p>	<p>4</p> <p>9:30 Orthodox Shabbat Service (WS)</p>
<p>5</p> <p>10:30 Ladies Spa (RR) 1:30 Movie Matinee (RR) 2:00 Karaoke (WA)</p>	<p>6</p> <p>10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 TR Visits (on units) 3:00 Arm Chair Travel (RR) 3:00 Jewish Storytelling (A6RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR)</p>	<p>7</p> <p>9:00 TR Visits (on units) 10:00 Visit with Daycare Kids (WG) 10:30 CA-Holocaust Education, Guest Speakers (A3RR) 11:00 CA - Music Therapy (A3EI) *referral only 1:30 Brain Games (RR) 3:00 Bingo A2/3 (LH) 3:30 Games Hour (RR)</p>	<p>8</p> <p>9:30 Breakfast Club (A2 RR) 11:15 Gentle Fitness (RR) 1:30 Music Appreciation (RR) 2:00 CA-Holocaust Education, Guest Speakers (A2RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 3:45 Drum Circle (RR)</p>	<p>9</p> <p>10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Concert (WG) 1:30 Bingo (RR) 3:00 Bible Study (A4 RR) 3:30 CA-Yiddish Variety (WH) 4:30 Mincha (A2 RR) 6:00 Poetry Group (WA) 6:15 Rummy Q (RR)</p>	<p>10</p> <p>10:30 Gentle Fitness (RR) 11:00 TR Visits 11:00 Remembrance Day Ceremony (WG) 1:30 Welcoming Shabbat (RR) 2:30 Shabbat Blessings (on units)</p>	<p>11</p> <p>9:30 Orthodox Shabbat Service (WS) 10:30 TR Visits (on units) 1:30 Games Hour (RR)</p>
<p>12</p> <p>10:30 Movement to Music (RR) 11:00 Ladies Spa (RR)</p>	<p>13</p> <p>10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 Movie Matinee (JT) 2:00 Montessori Madness (WG) 3:00 Jewish Storytelling (A6RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR) 6:00 Movie Musical (A7RR)</p>	<p>14</p> <p>9:00 TR Visits (on units) 11:00 CA - Music Therapy (A3EI) *referral only 11:00 Music with Rachel (LH) 1:30 Games Hour & Chess Tournament (RR)</p>	<p>15</p> <p>10:30 Gentle Fitness (RR) 1:30 Concert (A3RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)</p>	<p>16</p> <p>10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 3:00 Fun with Drums (WG) 3:30 From The Vaults (A3RR) 4:30 Mincha (A2 RR) 6:15 Rummy Q (RR)</p>	<p>17</p> <p>10:45 Community Shabbat (WG) 1:30 Gentle Fitness (RR) 2:30 Shabbat Blessings (on units) 2:30 Just For Laughs (RR)</p>	<p>18</p> <p>9:30 Orthodox Shabbat Service (WS) 1:30 Games with Holy Blossom (WG)</p>
<p>19</p>	<p>20</p> <p>10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 TR Visits (on units) 1:30 Russian Group (LH) 3:00 Arm Chair Travel (RR) 3:00 Jewish Storytelling (A6RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR)</p>	<p>21</p> <p>9:00 TR Visits (on units) 10:00 Visit with Daycare Kids (WG) 11:00 CA - Music Therapy (A3EI) *referral only 1:30 Residents' Council (A2 RR) 3:30 Games Hour (RR)</p>	<p>22</p> <p>Art Sale - CA (WH) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Music Appreciation (RR) 2:00 Musical Memories (LH) 3:00 Canada's National Ballet - Dance Class (The Nosh) 3:30 TR Visits (on units) 3:45 Drum Circle (RR)</p>	<p>23</p> <p>10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Concert (WG) 1:30 Bingo (RR) 1:30 Spanish Group (LH) 3:00 Bible Study (A4 RR) 4:30 Mincha (A2 RR) 6:00 Poetry Group (WA) 6:15 Rummy Q (RR)</p>	<p>24</p> <p>10:00 Let's Reminisce (Rotating) 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 Shabbat Blessings (on units) 3:00 Jewish Sing Along (WG) 3:00 CA-Museum on Wheels (A3RR)</p>	<p>25</p> <p>9:30 Orthodox Shabbat Service (WS) 1:30 Discussion Group (RR) 3:00 1:1 TR Visits</p>
<p>26</p> <p>1:30 Birthday Concert (A3RR) 3:00 TR Visits (On units)</p>	<p>27</p> <p>10:30 Gentle Fitness (RR) 11:00 Hebrew Group (LH) 1:30 Buddy's Glee Club (A3RR) 1:30 TR Visits (on units) 3:00 Arm Chair Travel (RR) 3:00 Jewish Storytelling (A6RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR)</p>	<p>28</p> <p>9:00 TR Visits (on units) 11:00 CA - Music Therapy (A3EI) *referral only 11:00 Music with Rachel (LH) 1:30 Brain Games (RR) 3:30 Games Hour (RR)</p>	<p>29</p> <p>10:30 Gentle Fitness (RR) 1:30 Music Appreciation (RR) 2:00 Musical Memories (LH) 3:00 Canada's National Ballet - Dance Class (The Nosh) 3:30 TR Visits (on units) 3:45 Drum Circle (RR) 6:00 Poetry Group (WA)</p>	<p>30</p> <p>10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 1:30 Bingo (RR) 3:00 Fun with Drums (WG) 4:30 Mincha (A2 RR) 6:15 Rummy Q (RR)</p>		