Apotex 4

March 2025



Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationist-Susan Edmunds ext. 3240 or Shawna Hughes ext. 2104

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am Relaxation Visits (Instrumentals) - On units 1:30pm Bowling (RR) 3:30pm 1:1 TR Visits (All units)	10:00am Doors Open Art Making (CAS) 10:30am 1:1 with Rev. K (A4) 10:30am Sing Along (RR) 10:45am Intergenerational program with Robbins Hebrew Academy (A6RR) 1:00pm Relaxation Visits (Rotating) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:45pm Sharing Dance Class (SA) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm Board Games (RR)	10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick-Off Exercise (SA) 1:30pm Art - Painting for Spring (RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Rhythm Connections: Intergenerational Drumming Circle (SA) 3:00pm Bingo (LH) 6:00pm 1:1 TR Visits Montessori Cart	1:30pm 1:1 TR Visits (on units) 1:30pm CA-Creative Arts (A4RR) 1:30pm Studio 180's "Finding Your Voice" Workshop! (LH)	5 10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Baking - Hamentachen (RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Conversations with Rev. K (A3 RR) 6:00pm Travelogue (SA)	10:30am Visiting Artist Workshop: Mask Making (CAS) 10:30am Shabbat Visit with Temple Sinai Preschool (SA) 11:00am Exercise (RR) 1:30pm Doors Open Art Making (CAS)	9:30am Orthodox Shabbat Service (WS) 10:30am Exercise(RR) 1:30pm Games with Holy Blossom (SA) 1:30pm Ladies Spa (RR) 8 9:30am Orthodox Shabbat Service (WS) 10:30am Morning Mingle: Women Who Inspire Us (CH) 1:30pm Board Games (SA)
ę	10	1.	1:	2 13	14	15
10:30am 1:1 Strolls (Off Unit) 10:30am Celebrating Purim: Crafts,	 10:00am Doors Open Art Making (CAS) 10:30am Spiritual Connections with Rev K (A4 RR) 1:15pm Intergenerational program with Robbins Hebrew Academy (A6RR) 1:30pm Bingo (RR) 2:45pm Sharing Dance Class (SA) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits- Walks (Rotating units) 	10:30am Spiritual Bliss (A2 RR) 11:00am Montessori Madness (SA) 1:30pm Concert- Janie Respitz (RR) 1:30pm Purim Concert (A4) 1:30pm Doors Open Art Making (CAS) 3:00pm Bingo (LH) 6:00pm 1:1 walks (on units) 6:00pm Game Night Delight (LH)	10:00am Doors Open Art Making (CAS 10:30am Trivia (RR) 11:00am Montessori Fun Cart	10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Exercise (RR) 2:30pm Doors Open Art Making (CAS)	Chag Purim! 10:30am Purim Megillah Reading (SA) 1:30pm Doors Open Art Making (CAS) 1:45pm Purim Games (SA) 2:15pm Resident Purim Schpiel &	9:30am Orthodox Shabbat Service (WS)

Apotex 4

March 2025



	subject to change. Please refer to w					
Sunday 16	Monday 5 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
10:30am Relaxation Visits (On Units) 1:30pm Bean Bag Toss (RR) 3:30pm 1:1 Strolls (Off unit)	10:00am Doors Open Art Making (CAS) 10:30am 1:1 with Rev. K (A4) 10:45am Intergenerational program with Robbins Hebrew Academy (A6RR) 1:00pm Relaxation Visits (Rotating) 1:00pm Blue Jays Spring Training on the Big Screen! (LH) 1:30pm Bingo (RR)	9:30am 1:1 Friendly Visits (On units) 10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick-Off Exercise (SA) 1:30pm Arm Chair Travel (RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Residents' Council (A2 RR) 3:00pm Luck of the Irish! Celtic Music Concert (SA) 6:00pm Bingo (LH)	10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Balloon Tennis(RR)			9:30am Orthodox Shabbat Service (WS) 10:30am Colouring - Spring Theme (RR) 1:30pm Active Games (RR)
23		25	26	27	28	29
10:30am Art with Leo Baeck Kids (SA) 2:00pm Karaoke (SA)	10:00am Doors Open Art Making (CAS) 10:30am Spiritual Connections with Rev K (A4 RR) 10:45am Intergenerational program with Robbins Hebrew Academy (A6RR) 1:00pm Relaxation Visits (Rotating) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR)	9:30am 1:1 Friendly Visits (On units) 10:30am Spiritual Bliss (A2 RR) 11:00am Montessori Madness (SA) 1:30pm Concert Paul Noonan (RR) 1:30pm Concert (A4) 1:30pm Doors Open Art Making (CAS) 2:00pm Smile Theatre: Spring Cabaret Performance (SA) 6:00pm 1:1 walks (on units) 6:00pm Evening Active Games (SA)	10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Active Games - Hole in One! (RR) 1:30pm 1:1 TR Visits (on units)	10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Exercise (RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Conversations with Rev. K (A3 RR)		9:30am Orthodox Shabbat Service (WS) 10:30am Morning Mingle: Social Hour (CH) 10:30am Word Game (RR) 1:30pm 1:1 Walks with Resident (rotating units) 1:30pm Games with Holy Blossom (SA)
	10:00am Doors Open Art Making (CAS) 10:30am 1:1 with Rev. K (A4) 10:30am Sing Along (RR) 1:00pm Relaxation Visits (Rotating) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:45pm Sharing Dance Class (SA) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 Virtual Reality (On Units)	HAPPY	HAPPY PURIM!			