## Apotex 4

## November 2024



Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationist- Susan Edmunds ext. 3240 or Shawna Hughes ext. 2104

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Location Legend WS = Wolinsky Synagouge WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium	Program Location Legend  RR = Recreation Room  EI = Elmgrove/Ivywood  RF = Redbird/Floral Place  GS = Goldenlane/Stoneway  LH = Loftus Hall  CAS = Creative Arts Studio				10:45am Community Shabbat (SA) 1:30pm Aromatherapy (RR) 1:30pm Doors Open Art Making (CAS) 3:00pm Meditation & Movement (LH)	9:30am Orthodox Shabbat Service (WS)
	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections (A4 RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 4:00 Torah Study (A2 RR) 4:30 Mincha Service (A2 RR) 6:00pm 1:1 TR Visits (On Units)	10:30 Holocaust Education Program (SA) 10:30am Spiritual Bliss (A2 RR) 1:30pm Art - Poppies (RR) 1:30pm Special Event: Poetry Workshop for Holocaust Education (CAS) 3:00pm Bingo (LH) 6:00pm 1:1 TR Visits (RR) 6:00pm Generations Unite: Variety Hour (WA)	10:00am Montessori Fun Cart (Rotating) 10:30am Exercise (RR) 1:30pm CA Music Therapy (A4GS) *referral only 1:30pm Drama with Smile Theatre (A3RR) 1:30pm Music Appreciation (RR) 6:00pm Poetry Group (A3 RR)	10:00am Sensory Cart (Rotating) 10:30 Tuck Cart (A2RR) 10:30am Concert (SA) 1:30pm Movie Matinee (RR) 1:30pm Russian Group (LH) 2:30pm Doors Open Art Making (CAS) 6:00pm Travelogue (LH)	10:00am Visit with Temple Sinai Preschool (SA) 1:30pm Arm Chair Travel (RR) 1:30pm Doors Open Art Making (CAS) 2:00pm Community Shabbat (SA)	9:30am Orthodox Shabbat Service (WS) 10:30am Exercise (RR) 1:30pm Games with Holy Blossom (SA) 1:30pm Ladies Spa (RR)
	10:00am Relaxation Visits (Rotating) 10:30 Remembrance Day Service (SA) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 4:00 Torah Study (A2 RR) 4:30 Mincha Service (A2 RR) 6:00pm Art Cart (1:1 On Units)	10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick-Off Exercise (SA) 1:30pm 1:1 Art (4GS) 1:30pm Doors Open Art Making (CAS) 1:30pm Museum on Wheels (A4RR) 3:00pm Bingo (A2RR) 6:00pm 1:1 TR Visits (RR) 6:00pm Generations Unite: Variety Hour (A2RR)	10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Exercise (RR) 11:00am Cardio Fun with Drums (SA) 1:30pm CA Music Therapy (A4GS) **referral only 1:30pm Concert - Isaac M (A4RR) 1:30pm Drama with Smile Theatre (LH) 2:00pm Relaxation Visits (Rotating) 6:00pm Poetry Group (WA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Cart (A2RR) 10:30am Concert (SA) 1:30pm Creative Storytelling Club (RR) 1:30pm New Admission Welcome Tea (L 2:30pm Doors Open Art Making (CAS) 6:00pm Spa Meditation (LH)	11:00am Shabbat Art (SA) 12:00pm Lunch Bunch (RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Sing Along (RR) H) 3:15pm Music with Rachel (LH)	9:30am Orthodox Shabbat Service (WS)
	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections (A4 RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 4:00 Torah Study (A2 RR) 4:30 Mincha Service (A2 RR) 6:00pm 1:1 TR Visits (On Units)	10:30am Montessori Madness (SA) 10:30am National Ballet School Dance Class (A4RR) 10:30am Spiritual Bliss (A2 RR) 1:30pm Active Games - Creative Movement (RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Residents' Council (A2 RR) 3:00pm Bingo (LH) 6:00pm 1:1 TR Visits (RR) 6:00pm Generations Unite: Variety Hour (WA)	10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Exercise (RR) 1:30pm CA Music Therapy (A4GS) *referral only 1:30pm Drama with Smile Theatre (A3RR)  1:30pm National Ballet School Dance Class (A4RR) 2:00pm Relaxation Visits (Rotating) 6:00pm Music with Students from CHAT (SA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Cart (A2RR) 10:30am Concert (SA) 1:30pm Russian Group - Movie Matinee (JT) 1:30pm Trivia (RR) 2:30pm Doors Open Art Making (CAS) 6:00pm Bingo Evening (LH)	10:45am Community Shabbat (SA) 1:30pm Doors Open Art Making (CAS) 1:30pm Documentary (RR) 3:00pm Jewish Singalong with Hugh & Ruth (SA)	9:30am Orthodox Shabbat Service (WS)
	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Word Games (RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 4:00 Torah Study (A2 RR) 4:30 Mincha Service (A2 RR) 6:00pm 1:1 TR Visits (On Units) 6:00pm Art Cart (1:1 On Units)	10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick-Off Exercise (SA) 1:30pm Baking - Holiday favourites (RR) 1:30pm Doors Open Art Making (CAS) 3:00pm Bingo (LH) 6:00pm 1:1 TR Visits (RR) 6:00pm Generations Unite: Variety Hour (WA)	10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Exercise (RR) 1:30pm CA Music Therapy (A4GS) *referral only 1:30pm Concert - Paul Noonan (A4RR) 1:30pm Drama with Smile Theatre (LH) 2:00pm Relaxation Visits (Rotating) 6:00pm Poetry Group (WA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Cart (A2RR) 10:30am Concert (SA) 1:30pm Honourary B'nai Mitzvah Celebration (SA) 1:30pm Reminiscing - Vacations (RR) 2:30pm Doors Open Art Making (CAS) 6:00pm Music Reminiscing (LH)	10:30am Drum Circle (RR) 1:30pm Doors Open Art Making (CAS) 2:00pm Community Shabbat (SA)	9:30am Orthodox Shabbat Service (WS) 1:30pm Games with Holy Blossom (SA)