

A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Labour Day	2	3	4	5	6
		10:15 Sensory Cart (Rotating) 10:30 Spiritual Bliss (A2 RR) 11:00 Morning Kick-Off Exercise (SA) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Amazing Facts (RR) 1:30 CA-Doors Open Art Making (CAS) 3:00 Bingo (LH) 6:00 Friendly Visits (Rotating) 6:00 Evening Active Games (SA)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 1:30 Bingo (RR) 3:00 Spa Social (LH) 6:00 Music and memories (Rotating) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 1:30 Russian Group (LH) 2:30 1:1 Walking Buddies (Rotating) 2:30 CA-Doors Open Art Making (CAS) 6:00 Travelogue (LH)	10:15 Montessori Cart (Rotating) 10:30 CA Sunny Sunflower Art(A6RR) 11:00 Music with Rachel (SG) 1:30 CA-Doors Open Art Making (CAS) 2:00 Community Shabbat (SA)	9:30 Orthodox Shabbat Service (WS)
8	9	10	11	12	13	14
10:30 Sing Along (EI) 1:30 Sunday Concert (SA) 3:30 Friendly Visits (Rotating)	10:00 CA-Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 11:00 Montessori Madness (SA) 1:15 Music Appreciation (RF) 1:30 CA-Buddy's Glee Club (A3RR) 1:30 CA-Museum on Wheels (A6RR) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR)	10:15 Montessori Cart (Rotating) 10:30 Spiritual Bliss (A2 RR) 11:00 Dance to Music(LH) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Concert (A6RR) 1:30 CA-Doors Open Art Making (CAS) 3:00 Bingo (LH) 6:00 Friendly Visits (Rotating) 6:00 Evening Art (LH)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 1:30 Friendly Visits (Rotating) 1:30 Bingo (RR) 1:30 Dear Abby (WA) 6:00 Music and memories (Rotating) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 1:30 Creative Connections (RR) 2:00 Sports Lovers Unite! Basketball Edition! (LH) 2:30 CA-Doors Open Art Making (CAS) 4:30 Mincha Services (A2 RR) 6:00 Book Club (LH)	10:30 CA Brain Waves Art(A6RR) 10:45 Community Shabbat (SA) 1:30 Baking (RR) 1:30 CA-Doors Open Art Making (CAS) 3:00 Jewish Singalong with Hugh & Ruth (SA)	9:30 Orthodox Shabbat Service (WS) 2:30 Dance to Music (SA)
15	16	17	18	19	20	21
	10:00 CA-Doors Open Art Making (CAS) 10:00 Gardening Club with Shoresh (SG) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 1:15 Music Appreciation (EI) 1:30 CA-Buddy's Glee Club (A3RR) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR)	10:15 Intergenerational Program with Leo Baeck (CAS & LH) 10:15 Sensory Cart (Rotating) 10:30 Spiritual Bliss (A2 RR) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Amazing Facts (RR) 1:30 CA-Doors Open Art Making (CAS) 1:30 Residents' Council (A2 RR) 3:00 Bingo (LH) 6:00 Friendly Visits (Rotating) 6:00 Game Night Delight (LH)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 1:00 Let's Shop at the Shuk! (SA) 6:00 Music and memories (Rotating) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 2:30 1:1 Walking Buddies (Rotating) 2:30 Ukrainian Heritage Month Event: Museum of Canada Education (LH) 2:30 CA-Doors Open Art Making (CAS) 4:30 Mincha Services (A2 RR) 6:00 Travelogue (LH)	10:30 CA Moonlight Ceramics(A6RR) 10:45 Community Shabbat (SA) 1:30 CA-Doors Open Art Making (CAS) 1:30 Sing Along (GS) 3:00 Meditation & Movement (LH)	9:30 Orthodox Shabbat Service (WS) 10:15 Glamour Hour (Rotating) 1:15 Friendly Visits (Rotating)
22	23	24	25	26	27	28
<i>First Day of Fall</i>	10:00 CA-Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 1:15 Music Appreciation (GS) 1:30 CA-Buddy's Glee Club (A3RR) 1:30 CA-Museum on Wheels (A6RR) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR)	10:15 Intergenerational Program with Leo Baeck (CAS & LH) 10:15 Montessori Cart (Rotating) 10:30 Spiritual Bliss (A2 RR) 11:00 Fun with Drums (SA) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Concert (A6RR) 1:30 CA-Doors Open Art Making (CAS) 3:00 Bingo (LH) 6:00 Friendly Visits (Rotating) 6:00 Game Show! (LH)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Polish Party (polishing the museum's silver) (LH) 1:30 Friendly Visits (Rotating) 1:30 Bingo (RR) 3:00 Drama Club (SA) 6:00 Music and memories (Rotating) 6:00 Memories of Rosh Hashanah (WA)	10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 2:30 CA-Doors Open Art Making (CAS) 3:00 Active Games (SA) 4:30 Mincha Services (A2 RR) 6:00 Musical Memories Discussion (LH)	10:15 Sensory Cart (Rotating) 10:30 CA Sign Language Art(A6RR) 11:00 Rosh Hashanah Art (SA) 1:30 CA-Doors Open Art Making (CAS) 2:00 Community Shabbat (SA)	9:30 Orthodox Shabbat Service (WS) 1:30 Games and puzzles (SA)
29	30					
2:00 Karaoke (SA)	10:00 CA-Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 1:15 Music Appreciation (RF) 1:30 CA-Buddy's Glee Club (A3RR) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR)		For recreation-related inquiries, please contact Paula Carcamo (ext. 6626) or Vivian Han (ext.2242)	Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WAG = WA Cafe Garden WA = W.A. Cafe SA = Sharp Family Atrium SG= Secure Garden	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio	