Apotex 4

6:00pm 1:1 TR Visits (On Units) 6:00pm Art Cart (1:1 On Units)

September 2024



Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationist- Susan Edmunds ext. 3240 or Shawna Hughes ext. 5325 Sunday Monday Tuesday Wednesday **Thursday** Saturday 10:30am Spiritual Bliss (A2 RR) 10:30am Exercise (EI) 9:30am Orthodox Shabbat Service (WS) Labour Day 10:00am CA-Doors Open Art Making (CAS) 10:00am Sensory Cart (Rotating) 6:00pm 1:1 Music (On Units) 11:00am Morning Kick-Off Exercise (SA) 10:30 Tuck Cart (A2RR) 11:00am Bible Study with Rev. Karen (A4 10:30am Balloon Tennis (RR) 6:00pm 1:1 TR Visits (On Units) 10:00am Montessori Fun Cart (Rotating) :30pm CA-Doors Open Art Making (CAS) 10:30am CA-Concert (SA) 1:30pm Ladies Spa (RR) 1:00am Music with Rachel (SG) 10:30am CA-Museum on Wheels (A4RR) 6:00pm Art Cart (1:1 On Units) :30pm 1:1 Garden Visits (on units) 1:30pm Reminiscing - School Days (RR) 1:30pm Bingo (RR) :30pm CA Sunny Sunflower Art(A4RR) 1:30pm CA-Doors Open Art Making (CAS) 3:00pm Bingo (LH) 1:30pm CA Music Therapy (A4GS) 1:30pm Russian Group (LH) 2:30pm CA-Doors Open Art Making (CAS) 2:00pm Community Shabbat (SA) 6:00pm 1:1 TR Visits (On Units) *referral only 3:00pm Spa Social (LH) 6:00pm Evening Active Games (SA) 6:00pm Poetry Group (WA) 6:00pm Travelogue (LH) 10:45am Community Shabbat (SA) 0:00am CA-Doors Open Art Making (CAS) 10:00am CA-Doors Open Art Making (CAS) 10:00am Sensory Cart (Rotating) 9:30am Orthodox Shabbat Service (WS) 1:30pm Sunday Concert (SA) Outings - Ripleys Aquarium 10:30am Spiritual Bliss (A2 RR) 10:30 Tuck Cart (A2RR) 1:30pm Aromatherapy 10:00am Relaxation Visits (Rotating) 10:00am Montessori Fun Cart (Rotating) :30pm CA-Doors Open Art Making (CAS) 11:00am Dance to Music(LH) 10:30am CA-Concert (ŚA) 10:30am Exercises (RR) 10:30am Word Game (RR) 1:30pm CA-Doors Open Art Making (CAS) 1:30pm CA Brain Waves Art(A4RR) 11:00am Montessori Madness (SA) 1:30pm CA Music Therapy (A4GS) 3:00pm Jewish Singalong with Hugh & 1:30pm Montessori Cart (On Units)) *referral only 2:30pm CA-Doors Open Art Making (CAS) Ruth (SA) :30pm Bingo (RR) :30pm Trivia (RR) 1:30pm Concert (A4RR) 1:30pm CA-Buddy's Glee Club (A3RR) 3:00pm Bingo (LH) 4:30pm Mincha Services (A2 RR) 2:30pm Jewish Storytelling (A6 RR) 6:00pm Montessori Cart (On Units) 6:00pm Poetry Group (WA) 2:45pm Sharing Dance Class (SA) 6:00pm Book Club (LH) 6:00pm Evening Art (LH) 4:00pm Torah Class with Rabbi David (A2 4:30pm Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (On Units) 11:00am 1:1 Friendly Visits (Rotating) 10:00am CA-Doors Open Art Making (CAS) 10:15am Intergenerational Program with Leo 10:00am CA-Doors Open Art Making (CAS) 10:00am Sensory Cart (Rotating) 10:45am Community Shabbat (SA) 9:30am Orthodox Shabbat Service (WS) Baeck (CAS & LH) 3:00pm Sing Along 10:30 Tuck Cart (A2RR) 11:00am Bible Study with Rev. Karen (A4 10:00am Gardening Club with Shoresh (SG) 10:30am Spiritual Bliss (A2 RR) 10:00am Montessori Fun Cart (Rotating) 10:30am CA-Concert (ŚA) 10:30am Exercise (RR) 1:30pm 1:1 TR Visits (on units) :30pm Art - Suncatchers (RR) :30pm Arm Chair Travel (RR) 10:00am Relaxation Visits (Rotating) 1:00pm Let's Shop at the Shuk! (SA) 1:30pm CA-Doors Open Art Making (CAS) :30pm CA Moonlight Ceramics (A4RR) :30pm CA-Doors Open Art Making (CAS) 10:30am Exercises (RR) 1:30pm CA Music Therapy (A4GS) 2:30pm CA-Doors Open Art Making (CAS) 1:30pm Bingo (RR) :30pm Residents' Council (A2 RR) 3:00pm Meditation & Movement (LH) *referral only 1:30pm CA-Buddy's Glee Club (A3RR) 3:00pm Bingo (LH) l:30pm Concert (A4RR) 4:30pm Mincha Services (A2 RR) 2:30pm Jewish Storytelling (A6 RR) 6:00pm 1:1 Garden Visits (on units) 6:00pm Poetry Group (WA) 6:00pm Travelogue (LH) 2:45pm Sharing Dance Class (SA) 6:00pm Game Night Delight (LH) Torah Class with Rabbi David (A2 4:00pm 4:30pm Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (On Units) 6:00pm Art Cart (1:1 On Units) 10:30am Exercise (RR) 10:00am CA-Doors Open Art Making (CAS) 10:15am Intergenerational Program with Leo 10:00am CA-Doors Open Art Making (CAS) Outing - Maple Downs 0:30am Music Appreciation (RR) 9:30am Orthodox Shabbat Service (WS) 1:30pm Art - Polka dot painting (RR) Baeck (CAS & LH) 11:00am Rosh Hashanah Art (SA) 10:30 Tuck Cart (A2RR) 10:00am Montessori Fun Cart (Rotating) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Bliss (A2 RR) 3:00pm 1:1 Garden Visits (on units) 10:30am CA-Concert (SA) :30pm CA-Doors Open Art Making (CAS) 10:30am Exercises (RR) 10:30 Polishing Party (polishing the First Day of Fal l:30pm Baking - Apple Ring Pancakes 1:30pm 1:1 Garden Visits (on units) 1:30pm CA-Doors Open Art Making (CAS) | museum's silver) (LH) 1:30pm Bingo (RR) 1:30pm CA Sign Language Art(A4RR) 2:00pm Community Shabbat (SA) 1:30pm CA-Buddy's Glee Club (A3RR) l0:30am Word Game (RR) 2:30pm CA-Doors Open Art Making (CAS) 2:30pm Jewish Storytelling (A6 RR) 3:00pm Bingo (LH) 1:30pm CA Music Therapy (A4GS) 2:45pm Sharing Dance Class (SA) 6:00pm Game Show! (LH) *referral only 3:00pm Active Games (SA) 1:30pm Drum Circle (RR) 4:30pm Mincha Services (Á2 RR) 4:00pm Torah Class with Rabbi David (A2 6:00pm Montessori Cart (On Units) 3:00pm Drama Club (SA) 6:00pm Musical Memories Discussion (LH) 6:00pm Memories of Rosh Hashanah (WA) 4:30pm Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (On Units) 2:00pm Karaoke (SA) 10:00am CA-Doors Open Art Making (CAS) **Program Location Legend Program Location Legend** RR - Recreation Room LH - Loftus Hall 10:00am Relaxation Visits (Rotating) EI - Elmgrove/Ivywood WH - Wortsman Hall 10:30am Bingo (RR) GS - Golden Lane/Stoneway WA - WA Cafe 1:30pm CA-Buddy's Glee Club (A3RR) RF - Redbird/Floral Place JT - Jacob Theatre 1:30pm Story Time with Ahava (A4&A2RR) WS - Wolinsky Synagogue CAS - Creative Arts Studio SA-Sharp Family Atrium SG - Secure Garden 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) WAG - W.A Cafe Garden 3:00pm CA-Museum on Wheels (A4RR) 4:00pm Torah Class with Rabbi David (A2 4:30pm Mincha Services (A2 RR)