

For any questions or concerns, please contact Sofya Chepurnova at ext. 5389, Shari Fremeth -Tepper at ext. 2207 or Colleen Blagrove at ext. 2553

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <i>Labour Day</i> 	3 10:30am Aromatherapy (1:1) 10:30am CA-Folk Art (RR) 10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick-Off Exercise (SA) 1:30pm CA-Doors Open Art Making (CAS) 1:30pm Travel (RR) 3:00pm Bingo (LH) 6:00pm Evening Active Games (SA)	4 10:00am CA-Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Virtual Reality (1:1) 1:30pm Bingo (RR) 3:00pm Spa Social (LH) 6:00pm 1:1 TR Visits on Units 6:00pm Poetry Group (WA)	5 10:00am Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30am CA-Concert (SA) 10:45am CA - Music Therapy (A7GS) *referral only 1:30pm Walking Buddies (1:1) 1:30pm CA-Museum on Wheels (A7RR) 1:30pm Russian Group (LH) 2:30pm CA-Doors Open Art Making (CAS) 3:30pm Pet Therapy On Units 6:00pm Travelogue (LH)	6 10:30am Montessori Cart (1:1) 11:00am Music with Rachel (SG) 1:30pm CA-Doors Open Art Making (CAS) 2:00pm Community Shabbat (SA)	7 9:30am Orthodox Shabbat Service (WS)
8 1:30pm Sunday Concert (SA)	9 10:00am CA-Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Gentle Fitness (RR) 11:00am Montessori Madness (SA) 1:30pm Board games (RR) 1:30pm CA-Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 3:00pm CA Sunny Sunflower Art(A7RR) 4:00pm Torah Class with Rabbi David (A2 RR) 4:30pm Mincha Services (A2 RR) 6:00pm Montessori cart (1:1)	10 10:00am Virtual Reality (VR) 10:30am CA-Creative Brains (RR) 10:30am Spiritual Bliss (A2 RR) 11:00am Dance to Music(LH) 1:30pm Concert (A7RR) 1:30pm CA-Doors Open Art Making (CAS) 3:00pm Bingo (LH) 6:00pm 1:1 TR Visits On Units 6:00pm Evening Art (LH)	11 10:00am CA-Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Aromatherapy (1:1) 1:30pm Dear Abby (WA) 1:30pm Trivia (RR) 6:00pm 1:1 TR Visits on Units 6:00pm Poetry Group (WA)	12 10:00am Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30am CA-Concert (SA) 10:45am CA - Music Therapy (A7GS) *referral only 1:30pm Ice cream Social (RR) 2:00pm Sports Lovers Unite! Basketball Edition! (LH) 2:30pm CA-Doors Open Art Making (CAS) 3:30pm Pet Therapy On Units 4:30pm Mincha Services (A2 RR) 6:00pm Book Club (LH)	13 10:45am Community Shabbat (SA) 1:30pm Active Games (RR) 1:30pm CA-Doors Open Art Making (CAS) 3:00pm Jewish Singalong with Hugh & Ruth (SA)	14 9:30am Orthodox Shabbat Service (WS) 2:00pm Board Games (SA)
15	16 10:00am CA-Doors Open Art Making (CAS) 10:00am Gardening Club with Shores (SG) 10:00am Relaxation Visits (Rotating) 10:30am Gentle Fitness (RR) 1:30pm Board games (RR) 1:30pm CA-Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 3:00pm CA Brain Waves Art(A7RR) 4:00pm Torah Class with Rabbi David (A2 RR) 4:30pm Mincha Services (A2 RR) 6:00pm Montessori cart (1:1)	17 10:15am Intergenerational Program with Leo Baeck (CAS & LH) 10:30am CA-Creative Arts (A7RR) 10:30am Obie (EI) 10:30am Spiritual Bliss (A2 RR) 1:30pm Brain Games (RR) 1:30pm CA-Doors Open Art Making (CAS) 1:30pm Residents' Council (A2 RR) 3:00pm Bingo (LH) 6:00pm Game Night Delight (LH)	18 10:00am CA-Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Virtual Reality (VR) 1:00pm Let's Shop at the Shuk! (SA) 1:30pm Music Appreciation (RR) 6:00pm 1:1 TR Visits on Units 6:00pm Poetry Group (WA)	19 10:00am Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30am CA-Concert (SA) 10:45am CA - Music Therapy (A7GS) *referral only 1:30pm Senses Alive (RR) 2:30pm Ukrainian Heritage Month Event: Museum of Canada Education (LH) 2:30pm CA-Doors Open Art Making (CAS) 3:30pm Pet Therapy On Units 4:30pm Mincha Services (A2 RR) 6:00pm Travelogue (LH)	20 10:45am Community Shabbat (SA) 1:30pm Art (RR) 1:30pm CA-Doors Open Art Making (CAS) 3:00pm Meditation & Movement (LH)	21 9:30am Orthodox Shabbat Service (WS)
22 10:00am 1:1 TR Visits 1:30pm Board games (RR) 3:30pm Walking Buddies (1:1) <i>First Day of Fall</i> 	23 10:00am CA-Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Gentle Fitness (RR) 1:30pm Board games (RR) 1:30pm CA-Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 3:00pm CA Moonlight Ceramics(A7RR) 4:00pm Torah Class with Rabbi David (A2 RR) 4:30pm Mincha Services (A2 RR) 6:00pm Montessori cart (1:1)	24 10:15am Intergenerational Program with Leo Baeck (CAS & LH) 10:30am CA-Creative Arts (A7RR) 10:30am Spiritual Bliss (A2 RR) 10:30am Virtual Reality (VR) 11:00am Fun with Drums (SA) 1:30pm Concert (A7RR) 1:30pm CA-Doors Open Art Making (CAS) 3:00pm Bingo (LH) 6:00pm 1:1 TR Visits On Units 6:00pm Game Show! (LH)	25 10:00am CA-Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30 Polish Party (polishing the museum's silver) (LH) 10:30am Manicures (1:1) 1:30pm Bingo (RR) 2:30pm CA-From The Vaults (A7RR) 3:00pm Drama Club (SA) 6:00pm 1:1 TR Visits on Units 6:00pm Memories of Rosh Hashanah (WA)	26 10:30am Tuck Cart (A2RR) 10:30am CA-Concert (SA) 10:45am CA - Music Therapy (A7GS) *referral only 1:30pm Walking Buddies (1:1) 1:30pm CA-Museum on Wheels (A7RR) 2:30pm CA-Doors Open Art Making (CAS) 3:00pm Active Games (SA) 3:30pm Pet Therapy On Units 4:30pm Mincha Services (A2 RR) 6:00pm Musical Memories Discussion (LH)	27 10:30am Aromatherapy (1:1) 11:00am Rosh Hashanah Art (SA) 1:30pm CA-Doors Open Art Making (CAS) 2:00pm Community Shabbat (SA)	28 9:30am Orthodox Shabbat Service (WS) 10:30am Storytelling (1:1) 1:30pm Active Games (1:1) 1:30pm Games and puzzles (SA)
29	30				Program Location Legend	Program Location Legend

2:00pm Karaoke (SA)	10:00am CA-Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Gentle Fitness (RR) 1:30pm Board games (RR) 1:30pm CA-Buddy's Glee Club (A3RR) 2:30pm Jewish Storytelling (A6 RR) 2:45pm Sharing Dance Class (SA) 3:00pm CA Sweet Still Life (A7RR) 4:00pm Torah Class with Rabbi David (A2 RR) 4:30pm Mincha Services (A2 RR) 6:00pm Montessori cart (1:1)				RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio	WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WAG = WA Cafe Garden WA = W.A. Cafe SA = Sharp Family Atrium SG = Secure Garden
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