

Programs are subject to change. Please refer to white board for daily updates. For programming related inquiries, please contact Recreationist on unit:

Colleen Blagrove ext. 2553 and Karm Dhaion ext. 6176

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub</p>	<p>Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio</p>				<p>1</p> <p>9:30am Orthodox Shabbat Service (WS) 10:00am Morning Stroll (A5 1:1) 10:30am Morning Mingle: Social Hour (CH) 1:30pm Games with Holy Blossom (SA) 1:30pm Puzzle Club (A5 RR)</p>
<p>2</p> <p>10:00am Exercise (On units)</p>	<p>3</p> <p>10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Sensory Cart (A5 Units) 1:30pm Buddy's Glee Club (A3RR) 1:30pm CA-Creative Arts (A5RR) 1:30pm Studio 180's "Finding Your Voice" Workshop! (LH) 2:45pm Sharing Dance Class (LH) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR)</p>	<p>4</p> <p>10:00am 1:1 Morning Stroll 10:15am Grandpals Program with Leo Baeck (CAS & LH) 10:30am Spiritual Bliss (A2 RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Drum Circle (A5 RR) 3:00pm Bingo (LH) 6:00pm Game Night Delight (LH)</p>	<p>5</p> <p>10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Chinese New Year Crafts (A5 RR) 1:30pm Aromatherapy (1:1) 1:30pm Intergenerational Drumming Circle (SA) 1:30pm Jewish Storytelling (A5 RR) 5:45pm Flower Arranging Social (All Units) 6:00pm Poetry Group (WA)</p>	<p>6</p> <p>10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Black History Month Concert: Historical Profiles in Love, Courage and Resilience (SA) 1:30pm From The Vaults, Baycrest Art Collection (A5 RR) 1:30pm Russian Group (LH) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Conversations with Rev. K (A3 RR) 3:30pm Glamour Hour (EI) 6:00pm Dance to Music (LH)</p>	<p>7</p> <p>10:00am Shabbat Visit with Temple Sinai (SA) 10:15am Sweetheart Trivia (A5 RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:30pm Afternoon Stroll (1:1)</p>	<p>8</p> <p>9:30am Orthodox Shabbat Service (WS) 1:30pm Storytelling (On units)</p>
<p>9</p> <p>10:30am Puzzle Club (A5 RR) 10:30am Arts with Leo Baeck Kids (SA) 1:30pm Sunday Concert (SA) 2:30pm Roots of Connection: Honoring Nature and Community(SA)</p>	<p>10</p> <p>10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections with Rev K (A4 RR) 10:45am Intergenerational program with Robbins Hebrew Academy (A5RR) 11:00am CA - Music Therapy (A5EI) *referral only 1:30pm Buddy's Glee Club (A3RR) 1:30pm CA-Creative Arts (A5RR) 1:30pm Sensory Cart (On Units) 2:45pm Sharing Dance Class (LH) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 5:45pm Water Painting (A5 Units)</p>	<p>11</p> <p>10:30am Sweetheart Craft (A5 RR) 10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:30pm Black History Month in Canada (LH) 1:30pm Love Concert (A5RR) 1:30pm Doors Open Art Making (CAS) 3:00pm Bingo (LH) 6:00pm Evening Active Games (SA)</p>	<p>12</p> <p>10:00am Making Tu Bishvat Tree (On units) 10:00am Doors Open Art Making (CAS) 11:00am Montessori Fun Cart (Rotating) 1:30pm Aromatherapy (1:1) 1:30pm Studio 180's "Finding Your Voice" Workshop! (A3RR) 1:30pm Jewish Storytelling (A5 RR) 2:00pm Grandpals Program with Leo Baeck (SA) 5:45pm Flower Arranging Social (All Units) 6:00pm Poetry Group - Celebrating Black History Month (WA)</p>	<p>13</p> <p><i>Tu Bishvat</i> 10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Tu Bishvat Art (A5 RR) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:15pm: Planting for Tu Bishvat (SA) 2:30pm Doors Open Art Making (CAS) 3:00pm Conversations with Rev. K (A3 RR) 3:30pm Glamour Hour (RF) 6:00pm Musical Evening (LH)</p>	<p>14</p> <p>10:15am Self-Love Affirmations (A5 RR) 11:00am Sweethearts Craft (SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)</p>	<p>15</p> <p>9:30am Orthodox Shabbat Service (WS) 1:30pm Discussion group (On Units)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
10:00am Morning Art (On Units) 2:00pm Celebration Concert (SA)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Sensory Cart (A5 Units) 1:30pm Active Games (A5 RR) 1:30pm Paint Your Heritage (SA) 2:45pm Sharing Dance Class (LH) 5:45pm Water Painting (A5 Units)	10:30am Larisa's Concert (A5 RR) 10:30am From The Vaults: Tropical Bliss (LH) 10:30am Spiritual Bliss *Exploring Heritage* (A2 RR) 1:00pm Digital Gallery for Black History Month (SA) 1:30pm Doors Open Art Making (CAS) 1:45pm Black History Month Poetry (A5 RR) 6:00pm Bingo (LH)	10:00am Doors Open Art Making (CAS) 10:30am Music Reminiscing (A5 RR) 1:15pm Intergenerational program - Board Games with Ecole Bannockburn (A6RR) 1:30pm Aromatherapy (1:1) 1:30pm Studio 180's "Finding Your Voice" Workshop! (LH) 1:30pm Jewish Storytelling (A5 RR) 3:00pm Jewish Heritage Showcase (SA) 5:45pm Flower Arranging Social (All Units) 6:00pm Poetry Group - Celebrating our Heritage (WA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Cooking to Celebrate our Heritage (A6RR) 1:30pm Puzzle Club (A5 RR) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Conversations with Rev. K *Celebrating our Heritage* (A3 RR) 3:30pm Glamour Hour (GS) 6:00pm Asia Unfolded: A Journey Through Diversity(LH)	10:00am Sensory Cart (A5 Units) 11:00am Motion to Music (SA) 1:30pm Doors Open Art Making (CAS) 1:30pm Influencers discussion (A2RR) 2:15pm Community Shabbat (SA)	9:30am Orthodox Shabbat Service (WS) 10:30am Morning Stroll (A5 1:1) 1:30pm Storytelling (On Units)
23	24	25	26	27	28	
10:00am Exercise (On Units) 10:30am Let's Schmooze Social Hour - All are Welcome! (CH) 2:00pm Karaoke (SA)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Sensory Cart (A5 Units) 10:30am Spiritual Connections with Rev K (A4 RR) 11:00am CA - Music Therapy (A5EI) *referral only 1:30pm Buddy's Glee Club (A3RR) 1:30pm CA-Creative Arts (A5RR) 2:45pm Sharing Dance Class (LH) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 5:45pm Water Painting (A5 Units)	10:30am Mazoezi Exercise (A5 RR) 10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick-Off Exercise (SA) 1:30pm Concert (A5RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Residents' Council (A2RR) 3:00pm Bingo (LH)	10:00am Doors Open Art Making (CAS) 10:30am Music Reminiscing (A5 RR) 1:15pm Intergenerational program - Art with Ecole Bannockburn (A6RR) 1:30pm Aromatherapy (1:1) 1:30pm Visiting Artist Workshop - Silk Screen Printing(CAS) 1:30pm Studio 180's "Finding Your Voice" Workshop! (LH) 1:30pm Jewish Storytelling (A5 RR) 5:45pm Flower Arranging Social (All Units) 6:00pm Relaxation Spa and Activities with Students from CHAT (SA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Creative Hair Artistry (A5 RR) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Conversations with Rev. K (A3 RR) 3:30pm 1:1 TR Visits (A5 Units) 6:00pm Evening Spa (LH)	10:15am Heritage Social Tea (A5 RR) 11:00am Music with Rachel (LH) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive Kiddush (SA)	