

Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationist- **Susan Edmunds ext. 3240** or **Shawna Hughes ext. 2104**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio</p>	<p>Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub</p>					9:30am Orthodox Shabbat Service (WS) 10:30am Morning Mingle: Social Hour (CH) 10:30am Word Game (RR) 1:30pm Games with Holy Blossom (SA) 1:30pm Ladies Spa (RR)
2	3	4	5	6	7	8
	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am 1:1 with Rev. K (A4) 10:30am Art - Hearts (RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 1:30pm Studio 180's "Finding Your Voice" Workshop! (LH) 2:45pm Sharing Dance Class (LH) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits - Ball bounce (on units)	9:15am 1:1 Friendly Visits (On units) 10:15am Grandpals Program with Leo Baeck (CAS & LH) 10:30am Spiritual Bliss (A2 RR) 1:30pm Active Games - Hole in One! (RR) 1:30pm Doors Open Art Making (CAS) 3:00pm Bingo (LH) 6:00pm 1:1 Montessori Cart (on units) 6:00pm Game Night Delight (LH)	10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Arm Chair Travel - Romantic destinations (RR) 1:30pm 1:1 TR Visits (on units) 1:30pm Music Therapy (A4EI) *referral only 1:30pm CA-Creative Arts (A4RR) 1:30pm Intergenerational Drumming Circle (SA) 1:30pm Jewish Storytelling (A5 RR) 6:00pm Poetry Group (WA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Black History Month Concert: Historical Profiles in Love, Courage and Resilience (SA) 1:30pm Exercise (RR) 1:30pm Russian Group (LH) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Conversations with Rev. K (A3 RR) 6:00pm Dance to Music (LH)	10:00am Shabbat Visit with Temple Sinai (SA) 10:30am 1:1 TR Visits with Robo pets (on units) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:15pm Ladies Spa (RR)	9:30am Orthodox Shabbat Service (WS)
9	10	11	12	13	14	15
10:30am Arts with Leo Baeck Kids (SA) 1:30pm Sunday Concert (SA) 2:30pm Roots of Connection: Honoring Nature and Community(SA)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections with Rev K (A4 RR) 10:45am Intergenerational program with Robbins Hebrew Academy (A6RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:45pm Sharing Dance Class (LH) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits - walks on units	9:15am 1:1 Friendly Visits (On units) 10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:30pm Black History Month in Canada (LH) 1:30pm Sweetheart Concert - Ernest Itzkovich (RR) 1:30pm Doors Open Art Making (CAS) 3:00pm Bingo (LH) 3:15pm Board Games (RR) 6:00pm 1:1 Montessori Cart (on units) 6:00pm Evening Active Games (SA)	10:00am Doors Open Art Making (CAS) 10:30am Trivia: Famous Couples (RR) 11:00am Montessori Fun Cart (Rotating) 1:30pm Baking for Sweetheart Social (RR) 1:30pm Music Therapy (A4EI) *referral only 1:30pm Studio 180's "Finding Your Voice" Workshop! (A3RR) 1:30pm Jewish Storytelling (A5 RR) 2:00pm Grandpals Program with Leo Baeck (SA) 6:00pm Poetry Group - Celebrating Black History Month (WA)	<p style="text-align: center;"><i>Tu Bishvat</i></p> 10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Exercise (RR) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:15pm: Planting for Tu Bishvat (SA) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Conversations with Rev. K (A3 RR) 6:00pm Musical Evening (LH)	10:30am Social Sweetheart Tea (RR) 11:00am Sweethearts Craft (SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:15pm 1:1 Walks (on units)	9:30am Orthodox Shabbat Service (WS)
16	17	18	19	20	21	22
9:30am 1:1 TR Visits (on units) 11:00am Morning Exercises (RR) 2:00pm Celebration Concert (SA)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Sing Along (RR) 1:30pm Bingo (RR) 1:30pm Paint Your Heritage (SA) 2:45pm Sharing Dance Class (LH) 6:00pm Virtual Reality (VR) (on units)	9:15am 1:1 Friendly Visits (On units) 10:30am From The Vaults: Tropical Bliss (LH) 10:30am Spiritual Bliss *Exploring Heritage* (A2 RR) 1:00pm Digital Gallery for Black History Month (SA) 1:30pm Doors Open Art Making (CAS) 1:45pm Black History Month Poetry (A5 RR) 2:30pm Rhythm Connections: Intergenerational Drumming Circle (A4 RR) 6:00pm 1:1 Montessori Cart (on units) 6:00pm Bingo (LH)	10:00am Doors Open Art Making (CAS) 10:30am Exercise 1:15pm Intergenerational program - Board Games with Ecole Bannockburn (A4RR) 1:30pm 1:1 TR Visits (on units) 1:30pm Music Therapy (A4EI) *referral only 1:30pm Studio 180's "Finding Your Voice" Workshop! (LH) 1:30pm Jewish Storytelling (A5 RR) 3:00pm Jewish Heritage Showcase (SA) 6:00pm Poetry Group - Celebrating our Heritage (WA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Cooking to Celebrate our Heritage (A6RR) 1:30pm Exercise (RR) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Sweet legacy Baking club -Coconut cake (A4RR) 3:00pm Conversations with Rev. K *Celebrating our Heritage* (A3 RR) 6:00pm Asia Unfolded: A Journey Through Diversity(LH)	10:30am Word Game (RR) 11:00am Motion to Music (SA) 1:30pm Doors Open Art Making (CAS) 1:30pm Influencers discussion (A2RR) 2:15pm Community Shabbat (SA) 3:15pm Art (RR)	9:30am Orthodox Shabbat Service (WS)
23	24	25	26	27	28	
10:30am Let's Schmooze Social Hour - All are Welcome! (CH) 2:00pm Karaoke (SA)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections with Rev K (A4 RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:45pm Sharing Dance Class (LH) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (Montessori Cart - on units)	9:15am 1:1 Friendly Visits (On units) 10:30am Concert - Fern Dworkin (RR) 10:30am Mazoezi Exercise (A5 RR) 10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick-Off Exercise (SA) 1:30pm Doors Open Art Making (CAS) 1:30pm Music Appreciation -Black musical artists (RR) 1:30pm Residents' Council (A2RR) 3:00pm Bingo (LH) 6:00pm 1:1 Montessori Cart (on units)	10:00am Doors Open Art Making (CAS) 10:45am Creative Storytelling Club (RR) 1:15pm Intergenerational program - Art With Ecole Bannockburn (A4RR) 1:30pm 1:1 Friendly Visits (on units) 1:30pm Music Therapy (A4EI) *referral only 1:30pm Visiting Artist Workshop - Silk Screen Printing(CAS) 1:30pm Studio 180's "Finding Your Voice" Workshop! (LH) 1:30pm Jewish Storytelling (A5 RR) 6:00pm Relaxation Spa and Activities with Students from CHAT (SA)	10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Exercise (RR) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Conversations with Rev. K (A3 RR) 6:00pm Evening Spa (LH)	10:30am Sing Along (RR) 11:00am Music with Rachel (LH) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive Kiddush (SA) 3:30pm 1:1 Friendly Visits (on units)	