

A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	10:00 Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 1:15 Music Appreciation (EI) 1:30 Buddy's Glee Club (A3RR) 1:30 CA Creative Arts(A6RR) 2:45 Sharing Dance Class (SA) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study (A2 RR)	10:30 Aromatherapy & Hand Massage (1:1) 10:30 Spiritual Bliss (A2 RR) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Concert (A6RR) 1:30 Together for the Holidays: Cards & Crafts (SA) 3:00 Bingo (LH) 3:30 Travelogue (EI) 6:00 1:1 TR Visits (Rotating) 6:00 Generations Unite: Variety Hour (WA)	10:00 Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Amazing Facts (GS) 1:30 Bingo (RR) 1:30 Drama with Smile Theatre (LH) 1:30 Virtual Reality (1:1) 6:00 1:1 Music and memories (Rotating) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 10:30 Tuck Shop (A2 RR Hallway) 10:30 Concert (SA) 1:30 Drum Circle (RR) 2:00 Workshop Club (SA) 2:30 Doors Open Art Making (CAS) 3:30 Balloon Toss (Rotating) 6:00 Travelogue (LH)	10:00 Shabbat Program with Temple Sinai Preschool (SA) 1:30 Doors Open Art Making (CAS) 2:15 Welcoming Shabbat (RR) 3:15 Meditation & Movement (LH)	9:30 Orthodox Shabbat Service (WS)
8	9	10	11	12	13	14
10:30 Let's Schmooze Social Hour - All are Welcome! (Culture Hub, 1st floor by the 3 main elevators) 2:00 Karaoke (SA)	10:00 Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 11:00 Jolly Joints: Adapted Laughter Yoga (SA) 1:15 Music Appreciation (GS) 1:30 Buddy's Glee Club (A3RR) 1:30 CA Creative Arts(A6RR) 2:45 Sharing Dance Class (SA) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study (A2 RR)	10:15 Montessori Cart (1:1) 10:30 Spiritual Bliss (A2 RR) 11:15 Morning Kick-Off Exercise (SA) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Doors Open Art Making (CAS) 1:30 Chanukah Concert with Associated Hebrew School (SA) 3:30 Travelogue (GS) 6:00 1:1 TR Visits (Rotating) 6:00 Bingo (LH)	10:00 Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Amazing Facts (EI) 1:30 Bingo (RR) 1:30 Drama with Smile Theatre (LH) 6:00 1:1 Music and memories (Rotating) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 10:30 Tuck Shop (A2 RR Hallway) 10:30 Concert (SA) 1:30 Creative Connections (RR) 1:30 Russian Group (LH) 2:30 Doors Open Art Making (CAS) 2:30 Holiday Lights Program (SA) 3:30 Balloon Toss (Rotating) 7:00 Winter Crafts (LH)	10:45 Community Shabbat (SA) 1:30 Holiday Cookie Decorating (RR) 1:30 Doors Open Art Making (CAS) 3:00 Music with Rachel (LH)	9:30 Orthodox Shabbat Service (WS)
15	16	17	18	19	20	21
1:30 Special Sunday Concert with Israeli & International Singers!(SA)	10:00 Doors Open Chanukah Still Life(CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 1:15 Music Appreciation (RF) 1:30 Buddy's Glee Club (A3RR) 1:30 CA Creative Arts(A6RR) 2:45 Sharing Dance Class (SA) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study (A2 RR)	10:30 Aromatherapy & Hand Massage (1:1) 10:30 Spiritual Bliss (A2 RR) 11:00 The Jewish Story Behind Your Favorite Christmas Songs(LH) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Chanukah Still Life - Inspired by The MOMA (SA) 1:30 Resident Christmas Party (WH) 3:30 Travelogue (RF) 6:00 1:1 TR Visits (Rotating) 6:00 Board Games (LH)	10:00 Doors Open Chanukah Still Life (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Museum on Wheels (A6RR) 1:30 Bingo (RR) 1:30 Drama with Smile Theatre (SA) 1:30 Virtual Reality (1:1) 3:00 Residents' Council (A3 RR) 6:00 1:1 Music and memories (Rotating) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 10:30 Tuck Shop (A2 RR Hallway) 10:30 Concert (SA) 1:30 Chanukah Music with Adath Israel (SA) 2:30 Doors Open Chanukah Still Life (CAS) 3:30 Amazing Facts (RF) 7:00 Classic Music Night (LH)	10:30 Balloon Toss (Rotating) 11:00 Fun with Drums (SA) 1:30 Doors Open Chanukah Still Life (CAS) 2:00 Community Shabbat (SA)	9:30 Orthodox Shabbat Service (WS) 10:15 Glamour Hour (Rotating) 1:30 Afternoon Social (RR)
22	23	24	25	26	27	28
2:00 Motion to Music (LH)	10:00 Relaxation Visits (Rotating) 10:30 Christmas Carols! (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 1:30 Buddy's Glee Club (A3RR) 1:30 Chanukah Choir Performance by Toronto Ontario Stake Youth (LH) 2:45 Sharing Dance Class (SA) 3:00 Jewish Storytelling (A6 RR)	10:15 Montessori Cart (1:1) 11:00 Carols, Crafts & Christmas (A4RR) 1:30 CA Music Therapy (A6GS) *referral only 1:30 Chanukah Party (RR) 3:00 Bingo (LH) 6:00 1:1 TR Visits (Rotating) 6:00 Peaceful Holiday Reflections (Rotating)	1st Night of Chanukah Tonight Christmas Day - Merry Christmas! 4:00 Chanukah Candle Lighting (SA) 	2nd Night of Chanukah Boxing Day 11:00 Chanukah Activities (SA) 4:00 Chanukah Candle Lighting (SA) 	3rd Night of Chanukah Relaxation Visits (Rotating) 2:00 Community Shabbat & Chanukah Candle Lighting (SA)	4th Night of Chanukah 9:30 Orthodox Shabbat Services (WS) 6:30pm Chanukah candle lighting (SA)
29	30	31				
5th Night of Chanukah 10:30 Let's Schmooze Social Hour - All are Welcome! (Culture Hub, 1st floor by the 3 main elevators) 3:30pm Chanukah Concert & Chanukah Candle Lighting with Eli Green (SA)	6th Night of Chanukah 10:00 Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 2:00 Chanukah Extravaganza & Candle Lighting (SA) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study (A2 RR) 4:00 Chanukah Candle Lighting (SA) 5:45 Movie Musical (LH)	7th Night of Chanukah 10:30 Aromatherapy & Hand Massage (1:1) 10:30 Spiritual Bliss (A2 RR) 11:15 Morning Kick Off Exercise (SA) 1:30 Latke Making (RR) 1:30 Doors Open Art Making (CAS) 3:00 New Years Eve Concert! (SA) 4:00 Chanukah Candle Lighting (SA) 6:00 1:1 TR Visits (Rotating)	For recreation-related inquiries, please contact Paula Carcamo (ext. 6626) or Vivian Han (ext.2242)		Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio	Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium

