

# November 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Program Location Legend</b>  <b>WS</b> = Wolinsky Synagogue  <b>WH</b> = Wortsman Hall  <b>JT</b> = Jacob Theatre  <b>WA</b> = W.A. Cafe  <b>SA</b> = Sharp Family Atrium</p>	<p><b>Program Location Legend</b>  <b>RR</b> = Recreation Room  <b>EI</b> = Elmgrove/Ivywood  <b>GS</b> = Goldenlane/Stoneway  <b>LH</b> = Loftus Hall  <b>CAS</b> = Creative Arts Studio</p>		<p>For any questions, please contact                      Jenypher Ashby (ext. 5490), Hiro                      Nakjima (ext. 5490) or Gurnoor Pannu                      (ext. 2051).</p>		<p><b>1</b></p> <p>10:45 Community Shabbat (SA)                      1:30 Doors Open Art Making (CAS)                      1:30 Gentle Fitness (RR)                      2:30 Shabbat Blessings (on units)                      3:00 Meditation &amp; Movement (LH)</p>	<p><b>2</b></p> <p>9:30 Orthodox Shabbat Service (WS)                      10:30 Gentle Fitness (RR)                      11:00 TR Visits (on units)</p>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p>10:00 Ladies Spa (RR)                      1:30 Brain Games (RR)</p>	<p>10:00 Doors Open Art Making (CAS)                      10:00 Relaxation Visits (Rotating)                      10:30 Spiritual Connections (A4 RR)                      11:15 Gentle Fitness (RR)                      1:30 Buddy's Glee Club (A3RR)                      2:30 Jewish Storytelling (A6 RR)                      2:45 Sharing Dance Class (SA)                      4:00 Torah Study (A2 RR)                      4:30 Mincha Service (A2 RR)                      5:45 Scrabble (RR)</p>	<p>9:00 TR Visits (on units)                      10:30 Holocaust Education Program (SA)                      10:30 CA-Creative Arts (A3RR)                      10:30 Spiritual Bliss (A2 RR)                      1:30 Special Event: Poetry Workshop for Holocaust Education (CAS)                      1:30 Game Alliance (A3 RR)                      3:00 Bingo (LH)                      6:00 Generations Unite: Variety Hour (WA)</p>	<p>10:00 Montessori Fun Cart (Rotating)                      10:30 Gentle Fitness (RR)                      11:00 TR Visits (on units)                      1:30 Drama with Smile Theatre (A3RR)                      3:30 Virtual Reality/VR (RR)                      6:00 Poetry Group (A3 RR)</p>	<p>10:00 CA-Creative Arts (CAS)                      10:00 Gentle Fitness (RR)                      10:00 Sensory Cart (Rotating)                      10:30 Tuck Cart (A2RR)                      10:30 Concert (SA)                      1:30 Bingo (RR)                      1:30 Russian Group (LH)                      2:30 Doors Open Art Making (CAS)                      6:00 Travelogue (LH)                      6:15 Rummy Q (RR)</p>	<p>10:00 Visit with Temple Sinai Preschool (SA)                      10:30 1:1 TR Visits (on units)                      10:30 Gentle Fitness (RR)                      1:30 Doors Open Art Making (CAS)                      2:00 Community Shabbat (SA)                      2:30 Shabbat Blessings (on units)                      3:00 1:1 Reminiscing (on units)</p>	<p>9:30 Orthodox Shabbat Service (WS)                      10:30 TR Visits                      1:30 Games Hour (RR)                      1:30 Games with Holy Blossom (SA)</p>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p>1:30 Sunday Concert (SA)                      1:30 Gentle Fitness (RR)</p>	<p>10:00 Relaxation Visits (Rotating)                      10:30 Remembrance Day Service (SA)                      1:30 Buddy's Glee Club (A3RR)                      1:30 Movie Matinee (JT)                      2:30 Jewish Storytelling (A6 RR)                      2:45 Sharing Dance Class (SA)                      4:00 Torah Study (A2 RR)                      4:30 Mincha Service (A2 RR)                      5:45 Scrabble (RR)</p>	<p>9:00 TR Visits (on units)                      10:30 CA-Field of Flowers (A3RR)                      10:30 Spiritual Bliss (A2 RR)                      11:00 Morning Kick-Off Exercise (SA)                      1:30 Doors Open Art Making (CAS)                      1:30 Game Alliance &amp; Annual Chess Tournament (A3 RR)                      3:00 Bingo (A2RR)                      6:00 Generations Unite: Variety Hour (A2RR)</p>	<p>9:15 Breakfast Club (A2RR)                      10:00 Doors Open Art Making (CAS)                      10:00 Montessori Fun Cart (Rotating)                      11:00 Cardio Fun with Drums (SA)                      1:30 Concert (A3RR)                      1:30 Drama with Smile Theatre (LH)                      2:00 Relaxation Visits (Rotating)                      3:30 TR Visits (on units)                      6:00 Poetry Group (WA)</p>	<p>10:00 CA-Creative Arts (CAS)                      10:00 Gentle Fitness (RR)                      10:00 Sensory Cart (Rotating)                      10:30 Tuck Cart (A2RR)                      10:30 Concert (SA)                      1:30 Bingo (RR)                      1:30 New Admission Welcome Tea (LH)                      2:30 Doors Open Art Making (CAS)                      6:00 Spa Meditation (LH)                      6:15 Rummy Q (RR)</p>	<p>10:30 Gentle Fitness (RR)                      11:00 Shabbat Art (SA)                      1:30 Doors Open Art Making (CAS)                      1:30 Welcoming Shabbat (RR)                      2:30 Shabbat Blessings (on units)                      3:00 1:1 Reminiscing (on units)                      3:15 Music with Rachel (LH)</p>	<p>9:30 Orthodox Shabbat Service (WS)</p>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<p>1:30 Gentle Fitness                      2:00 Motions to Music (SA)</p>	<p>10:00 Doors Open Art Making (CAS)                      10:00 Relaxation Visits (Rotating)                      10:30 Gentle Fitness (RR)                      10:30 Spiritual Connections (A4 RR)                      1:30 Buddy's Glee Club (A3RR)                      2:30 Jewish Storytelling (A6 RR)                      2:45 Sharing Dance Class (SA)                      4:00 Torah Study (A2 RR)                      4:30 Mincha Service (A2 RR)                      5:45 Scrabble (RR)</p>	<p>9:00 TR Visits (on units)                      10:30 CA-Canadian Collage (A3RR)                      10:30 Montessori Madness (SA)                      10:30 Spiritual Bliss (A2 RR)                      1:30 Doors Open Art Making (CAS)                      1:30 1:1 TR Visits (on units)                      1:30 Residents' Council (A2 RR)                      3:00 Bingo (LH)                      6:00 Generations Unite: Variety Hour (WA)</p>	<p>10:00 Doors Open Art Making (CAS)                      10:00 Montessori Fun Cart (Rotating)                      10:30 Gentle Fitness (RR)                      11:00 TR Visits (on units)                      1:30 Drama with Smile Theatre (A3RR)                      2:00 Relaxation Visits (Rotating)                      3:30 TR Visits (on units)                      6:00 Music with Students from CHAT (SA)</p>	<p>10:00 CA-Creative Arts (CAS)                      10:00 Gentle Fitness (RR)                      10:00 Sensory Cart (Rotating)                      10:30 Tuck Cart (A2RR)                      10:30 Concert (SA)                      1:30 Bingo (RR)                      1:30 Russian Group - Movie Matinee (JT)                      2:30 Doors Open Art Making (CAS)                      6:00 Bingo Evening (LH)                      6:15 Rummy Q (RR)</p>	<p>10:45 Community Shabbat (SA)                      1:30 Doors Open Art Making (CAS)                      1:30 Gentle Fitness (RR)                      2:30 Shabbat Blessings (on units)                      3:00 1:1 Reminiscing (on units)                      3:00 Jewish Singalong with Hugh &amp; Ruth (SA)</p>	<p>9:30 Orthodox Shabbat Service (WS)</p>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<p>10:30 Gentle Fitness (RR)                      1:30 1:1 Aromatherapy (on units)</p>	<p>10:00 Doors Open Art Making (CAS)                      10:00 Relaxation Visits (Rotating)                      11:15 Gentle Fitness (RR)                      1:30 Buddy's Glee Club (A3RR)                      2:30 Jewish Storytelling (A6 RR)                      2:45 Sharing Dance Class (SA)                      4:00 Torah Study (A2 RR)                      4:30 Mincha Service (A2 RR)                      5:45 Scrabble (RR)</p>	<p>9:00 TR Visits (on units)                      10:30 CA-Leaf Rubbing (A3RR)                      10:30 Spiritual Bliss (A2 RR)                      11:00 Morning Kick-Off Exercise (SA)                      1:30 Doors Open Art Making (CAS)                      1:30 Museum on Wheels (A3RR)                      3:00 Bingo (LH)                      6:00 Generations Unite: Variety Hour (WA)</p>	<p>10:00 Doors Open Art Making (CAS)                      10:00 Montessori Fun Cart (Rotating)                      10:30 Gentle Fitness (RR)                      1:30 Birthday Concert (A3RR)                      1:30 Drama with Smile Theatre (LH)                      2:00 Relaxation Visits (Rotating)                      3:30 TR Visits (on units)                      6:00 Poetry Group (WA)</p>	<p>10:00 CA-Creative Arts (CAS)                      10:00 Gentle Fitness (RR)                      10:00 Sensory Cart (Rotating)                      10:30 Tuck Cart (A2RR)                      10:30 Concert (SA)                      1:30 Bingo (RR)                      1:30 Honourary B'nai Mitzvah Celebration (SA)                      2:30 Doors Open Art Making (CAS)                      6:00 Music Reminiscing (LH)                      6:15 Rummy Q (RR)</p>	<p>10:30 Gentle Fitness (RR)                      1:00 TR Visits (on units)                      1:30 Doors Open Art Making (CAS)                      2:00 Community Shabbat (SA)                      2:30 Shabbat Blessings (on units)                      3:00 1:1 Reminiscing (on units)</p>	<p>9:30 Orthodox Shabbat Service (WS)                      10:00 1:1 Aromatherapy (on units)                      1:30 Games with Holy Blossom (SA)</p>

